



May 2020

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

Empty calendar cell for Monday, top row.

Empty calendar cell for Tuesday, top row.

Empty calendar cell for Wednesday, top row.

Empty calendar cell for Thursday, top row.

1
PLAN THIS MONTHS GOALS

2
PLAN THIS MONTHS TIMETABLE

3

Goals of the month

4

5

6

7
1st WEEK REVIEW

8

9

10

11

12

13

14
2nd WEEK REVIEW

15

16

17

Rewards When Achieved!

18

19

20

21
3rd WEEK REVIEW

22

23

24

25

26

27

28
4th WEEK REVIEW

29

30

31
END OF MONTH REVIEW & REWARD