

	Name:		Date:		
	ive each section a satisfaction rating out of 10. Note down any goals or desires your have for the section. Anything below an 8 needs your love, attention and focus, which you can give it via your Operation Goddess session planner & timetable.				
	Body Weight		Body Confidence		
		/10		/10	
	Healthy Eating & Nourishing Food		Fitness & Movement		
		/10		/10	
	Self Love & Feeling Worthy		Anxiety & Stress		
***		/10		/10	

Feeling Beautiful /10 /10 Sex & Pleasure Life Moving Forward /10 Self-Care & Self-Kindness Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest			
Sex & Pleasure /10 /10 Self-Care & Self-Kindness /10 Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest	Feeling Beautiful		Aging
Sex & Pleasure /10 /10 Self-Care & Self-Kindness /10 Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest			
Sex & Pleasure /10 /10 Self-Care & Self-Kindness /10 Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest			
Sex & Pleasure /10 /10 Self-Care & Self-Kindness /10 Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest			
Sex & Pleasure /10 /10 Self-Care & Self-Kindness /10 Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest			
Sex & Pleasure /10 /10 Self-Care & Self-Kindness /10 Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest		/10	/40
/10 /10 Self-Care & Self-Kindness Clothes & Fashion /10 /10 Skin Care & Beauty Treatments Sleep & Rest		/10	/10
/10 /10 Self-Care & Self-Kindness Clothes & Fashion /10 /10 Skin Care & Beauty Treatments Sleep & Rest	Cov C Diagoura		Life Maying Famuerd
Self-Care & Self-Kindness Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest	Sex & Pleasure		Life Moving Forward
Self-Care & Self-Kindness Clothes & Fashion /10 Skin Care & Beauty Treatments Sleep & Rest			
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/10 Skin Care & Beauty Treatments Sleep & Rest		/10	/10
/10 Skin Care & Beauty Treatments Sleep & Rest			
Skin Care & Beauty Treatments Sleep & Rest	Self-Care & Self-Kindness		Clothes & Fashion
Skin Care & Beauty Treatments Sleep & Rest			
Skin Care & Beauty Treatments Sleep & Rest			
Skin Care & Beauty Treatments Sleep & Rest			
Skin Care & Beauty Treatments Sleep & Rest			
Skin Care & Beauty Treatments Sleep & Rest		/10	/10
		/10	/10
	Skin Caro & Poputy Treatments		Sleen & Rest
/10	JAIII Care & Deauty Treatments		JICCP & NEST
/10			
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/10			
		/10	/10